

ART

Oil Painting – Still Life Setup, Composition and Painting

Learn the art of setting up and composing the subjects for still life painting. Learn how to arrange the light direction, catch the atmosphere and express the combined harmony of the subjects in the painting. Students will receive a mandatory supply list at the time of registration. (6 weeks)

Instructor: Ebrahim Amin
Location: SCC

9437	F	Aug 25-Sep 29	1-4pm	18+ yrs	\$136
9438	F	Oct 13-Dec 1	1-4pm	18+ yrs	\$136

Oil Painting Landscape

Learn the process of translating a simple photograph into a compelling painted image. The instructor will demonstrate how to focus on composition, color, line, mood and paint application as well as his style and process of painting at the first class. This class is open to all skill levels. Material list provided at the time of registration. (6 weeks)

Instructor: Ebrahim Amin
Location: SCC

9439	Tu	Sep 5-Oct 10	6-9pm	18+yrs	\$136
9440	Tu	Oct 24-Nov 28	6-9pm	18+yrs	\$136

DOG SERVICES

Dog Obedience

Establish better manners and correct behavior problems such as destructive chewing, digging, jumping, etc. for all breeds of dogs over five months (four months for larger dogs). Introduces proper heel, automatic sit, sit-stay, down-stay, stand for inspection, come with finish, as well as hand signals, long-distance work, and boundary training. Trophies and certificates will be awarded at graduation. First meeting held **without dogs** (orientation). Bring a lawn chair, shot records and \$10 materials fee on first day of class. (7 weeks)

Instructor: Wendy Brookhyser, Hacienda Hills Dog Obedience Club
Location: CVP (1st meeting by Flagpole)

9493	Tu	Sep 12-Oct 24	6:30-7:30pm	18+ yrs	\$96*
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*\$10 materials fee due to instructor at first class. (Includes training manual).

Dog Manners “Crash Course”

Accomplish your training goals and get behavior problems under control in just four weeks! Exercises will include sit and down on command, stay in sit or down position with distractions, come when called and controlled walking on a leash. For dogs ages four months or older. Vaccinations must be current. **Dogs attend all meetings.** Pre-registration required. (4 weeks)

Instructor: Wendy Brookhyser, Hacienda Hills Dog Obedience Club
Location: HHP

9492	Sa	Oct 14-Nov 4	10-11:15am	18+ yrs	\$84*
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*\$5 insurance fee due to instructor at first class.

Frisbee Dogs...Catch the Fun

Discover the fun sport of Frisbee Toss ‘n Fetch in this introductory workshop! Avid Disc-Dog competitor, David Procida, will give you personalized instruction on proper Frisbee throwing techniques, and will help you get your dog motivated to go for a disc and to bring it back to you. Find out if your dog has the potential to become a star! Please pre-register, and bring your dog on a leash and collar. Please bring current vaccination records and \$5 materials fee (includes a Frisbee).

Instructor: David Procida, Hacienda Hills Dog Obedience Club
Location: HHP

9494	Su	Sep 17	4:30-6pm	18+ yrs	\$28*
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*\$5 materials fee due to instructor at first meeting.

DANCE / MUSIC

Ballet for Adults

Come join a fun, easy, beautiful and non-intimidating Ballet class! Learn the art of ballet and discover your femininity with this strong internal workout. Improves flexibility, strength, balance, posture, and elongates muscles. Come comfortable with ballet slippers. Taught by a professional N.Y. dancer. No previous experience required. (10 weeks)

Instructor: Roxanne Bell
Location: RDS

9481	Beg.	M	Sep 11-Nov 13	10:30-11:30am	18+yrs	\$110
9482	Intro.	Tu	Sep 12-Nov 14	11am-12pm	18+yrs	\$110
9483	Inter.	Tu	Sep 12-Nov 14	5:30-6:30pm	18+yrs	\$110
9484	Beg.	W	Sep 13-Nov 15	10:30-11:30am	18+yrs	\$110
9485	Beg./Int.	Th	Sep 14-Nov 16	5:30-6:30pm	18+yrs	\$110

Register Early!

Help us avoid cancelling classes due to low enrollment. There are 4 easy ways to register for a class: **1** Online **2** In Office **3** Fax in **4** Mail in.

See pg. 32 for more information.



DANCE / MUSIC CONTINUED

Ballet Barre for Adults

Want a ballet dancer's body without actually dancing? This barre class will lead you through ballet stretches on a mat along with core/Pilates exercises that will improve balance and increase flexibility. This class gives the student long lean and strong muscles like a ballerina. Taught by a professional N.Y. dancer. Come comfortable and bring a mat. Strong internal workout! (10 weeks)

Instructor: Roxanne Bell / **Location:** RDS

9479	M	Sep 11-Nov 13	11:35am-12:35pm	18+ yrs	\$110
9480	W	Sep 13-Nov 15	11:35am-12:35pm	18+ yrs	\$110

Beginning Guitar Lessons

This class is designed to build a strong foundation for people with no experience playing the guitar. Students will learn several chords, strum styles and several classic songs. Students must bring their own guitar to class. Class is repeatable. (5 weeks)

Instructor: Ron Gorman / **Location:** CVP, Patio Room

9497	Tu	Sep 12-Oct 10	6-7pm	10+ yrs	\$95
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Free trial class on Tu., Sep 5 at 6pm.

Call Ron at (949) 362-0778 to reserve your spot.

Guitar 2: Advanced Beginners

Continue the beginning experience with all new songs. This class will introduce subjects such as alternate tunings, Barre chords, light music theory and soloing. Primarily the class is about learning new songs. Bring your own guitar to class. (5 weeks)

Instructor: Ron Gorman / **Location:** CVP, Patio Room

9546	Tu	Sep 12-Oct 10	7-8pm	10+ yrs	\$95
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Beginning Ukulele

Ukulele is making a big comeback. Come join our beginning ukulele class and learn how to amuse yourself and amaze your friends. You will learn basic strums, chords, and a bit of music theory to guide you along. (8 weeks)

REGISTER: Call instructor at (949) 364-1643 or email: rossiniO5@hotmail.com

Instructor: Ross Costa / **Location:** SCC

T	Aug 29-Oct 17	7-8pm	18+ yrs	\$80*
W	Aug 30-Oct 18	1-2pm	18+ yrs	\$80*
Th	Aug 31-Oct 19	7-8pm	18+ yrs	\$80*
T	Oct 24-Dec 12	7-8pm	18+ yrs	\$80*
W	Oct 25-Dec 13	1-2pm	18+ yrs	\$80*
Th	Oct 26-Dec 14	7-8pm	18+ yrs	\$80*

*\$10 material fee payable to instructor.

FITNESS / WELL BEING

Yoga

With practice; improve strength, flexibility, balance, focus and peace of mind. Four different levels of classes, each 11 sessions for the season. Pre-registration by August 19 - \$147**-\$176 thereafter. Take two sessions (i.e. Saturdays & Tuesdays): \$198 for 22 classes by August 19.

REGISTER: Call (949) 633-3654/YogaKnights.com

Instructor: Angie Knight / **Location:** SCC

Gentle Yoga	M	Sep 11-Dec 4*	10-11:30am	18+ yrs	\$147*
Yoga Basics	Tu	Sep 12-Dec 5*	6:30-8pm	18+ yrs	\$147*
Yoga Level 1&2	Th	Sep 14-Dec 7*	6-7:30pm	18+ yrs	\$147*
Yoga Moderate	Sa	Sep 9-Dec 9*	10-11:30am	18+ yrs	\$147*

*No class Oct 7, Nov 6, 7, 9, 11, 20, 21, 23, 25.

EXCURSIONS

For information about excursions, call **Sea Country Center at (949) 425-5151.**



Nixon Library with Lunch at Five Crowns

DEADLINE FOR SIGN-UPS: Sep 11

The Nixon Library has recently undergone a \$15 million renovation project going back to the early years through Nixon's farewell speech and departure. The grounds also include Nixon's helicopter and birthplace, in addition to new exhibits with original artifacts, multi-media experiences, all murals, films, etc. We will be enjoying a wonderful, preselected lunch at the Five Crowns restaurant in Corona Del Mar, prior to our visit to the Library.

Register: In office, mail, fax or online

Location: Ziggurat Federal Building, Parking Lot

9465	W	Oct 4	10:45am-4:30pm	\$103
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Candlelight Theater For the Performance of "9 to 5"

DEADLINE FOR SIGN-UPS: Oct 2

Come join us for the matinee performance of "9 to 5" at the popular Candlelight Theater in Claremont. You'll enjoy a fabulous champagne brunch with your choice of entrée upon our arrival that includes coffee or tea, tax and tip.

Register: In office, mail, fax or online

Location: Ziggurat Federal Building, Parking Lot

9466	Sun	Nov 5	10am-5pm	\$109
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