

## Boys Anti-Bullying Training

Laguna Niguel Police Services is hosting a FREE safety presentation: "Boys Anti-Bullying Training" taught by Get Safe and will be available on a first come first served basis for a limited amount of students. Training will include:

- Identifying and addressing the various forms of bullying (physical, verbal, cyber and social).
- Interactive exercises to better understand people with differences, such as autism.
- Rehabilitation for those who bully, and recovery for victims of bullying.
- Personal safety awareness at school and home to help those affected by bullying feel safe again.

**Location: City Hall, Community Room**

5th-6th grade boys    Dec 7    W    6-8pm    Free\*

*\*Limited seats available. RSVP to Crime Prevention Specialist Christina Longueay at [CLongueay@ocsd.org](mailto:CLongueay@ocsd.org) or call (949) 362-4365 for more information. All attendees will need to sign a waiver that will be sent via email to those who are confirmed in the class.*

## Shred Identity Theft!

### DOCUMENT SHREDDING EVENT\*

Hosted by the City of Laguna Niguel Police Services

### SATURDAY, FEBRUARY 4

7am-12pm, or until trucks reach capacity.

**City Hall, 30111 Crown Valley Parkway**

*\*Limit of ten banker boxes or comparable sized containers per car load.*

For more information, go to [cityoflagunaniguel.org](http://cityoflagunaniguel.org) or call the Police Services at 362-4346.

Don't forget to check out these other fun events at Sea Country Center:

- Trader Joe's Cooking Demonstration
- Mingle & Jingle Holiday Party
- Valentine's Day Celebration Brunch

— More details on page 24 —

## Art

### Parent & Tot Clay Time

Roll, pinch and pound! Come and enjoy some creative time with your little one! Your young artist will enjoy a tactile experience using clay, as we hand build playful projects step-by-step. Different projects each week. All pieces will be glazed and fired off-site. Aprons will be provided. **Parent participation required.** (5 weeks)

**Instructor: Lucia Henry**

**Location: CVP, Patio Room**

9079    3-5 yrs    Jan 20-Feb 17    F    2:30-3:15pm    \$69\*

*\*\$20 (cash) materials fee due to instructor first day of class.*

### Clay Adventures

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring, slab construction, and decorate them with under glazes. Different projects each week. All pieces will be glazed and fired off-site. Aprons will be provided. (5 weeks)

**Instructor: Lucia Henry**

**Location: CVP, Patio Room**

9060    6-12 yrs    Jan 20-Feb 17    F    3:30-4:45pm    \$75\*

*\*\$20 (cash) materials fee due to instructor first day of class.*

### Paint, Paste and Pour

Watch your toddlers explore and discover goop, flubber, paint, cornmeal, dough, bubbles and much more. They'll enjoy developmentally appropriate hands-on experiences with manipulative art and sensory materials. Put on your play clothes and share this special time with your little one. Each session has new and exciting activities. **Parent participation required.** (5 weeks)

**Instructor: Jayme Barger and Staff**

**Location: CVP, Patio Room**

9076    1½-3 yrs    Jan 20-Feb 24\*    F    9:30-10:15am    \$45\*\*

9077    2-6 yrs    Jan 20-Feb 24\*    F    10:30-11:15am    \$45\*\*

*\*No class Feb 17.*

*\*\*\$20 (cash) materials fee due to instructor first day of class.*



# Dance

## Dance Classes

Classes will introduce the basic forms of studio dance and terminology with lots of encouragement and fun! Dancers learn various structured dance objectives through the new OC Dance progression plan, complete with handout for parents and children to track their accomplishments. All Non-Parent & Me classes learn a dance routine to perform on last day of class. Each session consists of new dance routines and themes. Optional recital for all classes ages 3 and older (Parent & Me classes not included). Recital costume and viewer fee applies. Parents must remain on-site, but outside the room during class. For more information about the recital, classes and progression program: [www.ocdanceproductions.com](http://www.ocdanceproductions.com)

**Instructor:** OC Dance Productions

**Location:** CVP, View Room

### PRINCESS BALLET

Enter a world of imagination & magic. This class teaches the basics of ballet & dance through terminology & imagery. Dancers learn ballet fundamentals and terminology, hear princess stories, dress in princess tutus while using their "magic wands". Ballet Shoes required. Two crafts per session. (9 and 10 weeks)

9082	3-5 yrs	Jan 23-Mar 27*	M	3:30-4:15pm	\$115**
9083	3-5 yrs	Jan 26-Mar 30	Th	10-10:45am	\$126**

\*No class Feb 20.

\*\*\$10 (cash) material fee for two crafts, due to instructor at first class.

### TAP, JAZZ & BALLET COMBO

Basic elements of tap, jazz and ballet to classic children's songs. Class includes development of spacial awareness, rhythm & listening skills. Ballet & tap shoes required. (9 weeks)

9085	Level I	3-4 yrs	Jan 23-Mar 27*	M	4:25-5:10pm	\$115
9086	Level II**	4-6 yrs	Jan 23-Mar 27*	M	5:20-6:05pm	\$115

\*No class Feb 20.

\*\* Level II - One session of previous dance experience required.

### POP STAR HIP HOP JAZZ

Dancers learn jazz & hip hop based choreography, lyrics, and how to piece together and choreograph like their favorite pop stars. Set to current popular artists such as Taylor Swift, all music and choreography is age appropriate and fun. Dance shoes or sneakers are required. (9 weeks)

9080	5-9 yrs	Jan 23-Mar 27*	M	6:15-7pm	\$115
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\*No class Feb 20.

### PRESCHOOL DANCE

Children will learn the fundamentals of dance & movement (ballet, pre-jazz, tap and creative movement) while working with shape & number recognition. Class also focuses on following direction, rhythm, balance, coordination & confidence. A perfect mix of fun, dance & kinder-readiness! Tap & ballet shoes required. (10 weeks)

9081	3-5 yrs	Jan 26-Mar 30	Th	9-9:45am	\$126
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### PARENT & ME PRINCESS BALLET & PLAY

The perfect introduction to dance paired with the fantasy and fun of being a little princess. Dancers will learn the fundamentals of ballet and creative movement while engaging in activities that enhance rhythm, balance and motor skills and more. Children use props, dress in colorful tutus, have fairytale story time, dance to popular fairytale tunes and make crafts. Ballet shoes and Active parent/caretaker participation required. For more information please visit [www.ocdanceproductions.com](http://www.ocdanceproductions.com). (10 weeks)

9078	1½-3 yrs	Jan 26-Mar 30	Th	11-11:45am	\$126**
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\*\*\$10 (cash) materials fee for two crafts, due to instructor at first class.

### BALLET, JAZZ & TUMBLING COMBO

The perfect introduction of the basic forms of studio dance with lots of encouragement and fun. Participants will learn the basic elements of tumbling, jazz and ballet to fun children's classic songs. Creative movement activities also assist in musicality, rhythm and listening skills. Ballet or jazz shoes required. (10 weeks)

9058	3-6 yrs	Jan 26-Mar 30	Th	3:30-4:15pm	\$126
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### CHILDREN'S MUSICAL THEATER

Children are introduced to the fun & exciting world of musical theater. They learn how to create characters, learn about articulation, projection, rhythm & working with their peers. Basic choreography and lyrics will be featured this session for an Optional Recital in June. For more info on theme visits; visit [ocdanceproductions.com](http://ocdanceproductions.com). Performers also play imaginative acting/character games and work on stage presence & confidence. Dance shoes or sneakers required. (10 weeks)

9059	4-7 yrs	Jan 26-Mar 30	Th	4:25-5:10pm	\$126
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### ALL-IN-ONE DANCE

Fundamentals of ballet, jazz, and hip hop, along with discipline, rhythm, musicality and coordination for all around foundation for dance. Class includes barre work, center floor, across the floor, vocabulary, technique and dance routines. Dance shoes or sneakers required. (10 weeks)

9050	4-7 yrs	Jan 26-Mar 30	Th	5:20-6:05pm	\$126
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## DANCE RECITAL

**Optional** Recital for all fall students on **June 11, 2017** (subject to change), (1½-3 year old parent/me classes excluded). Costume and recital guest ticket fees apply.

**MANDATORY RSVP DEADLINE: 3RD DAY OF CLASS**

For more information, [ocdanceproductions.com](http://ocdanceproductions.com) or email [info@ocdanceproductions.com](mailto:info@ocdanceproductions.com).

The recital is coordinated by OC Dance Productions.

# Music

## Music to Grow On

Unlock your child's musical potential through "Music to Grow On", a unique and joyous introduction to music. This ongoing, developmental program includes: singing • instruments • movement and dance • improvisation.

**Instructor:** Kathy Lucey & Livia Wielath (mornings)

For more information or discuss your child's placement:  
Call 218-1351 or email [musictogrow@cox.net](mailto:musictogrow@cox.net)

**Website:** [musictogrowca.com](http://musictogrowca.com)

**Location:** CVP, View Room

## MUSIC MAKERS – TODDLERS

Toddler/adult learn songs, dances and musical activities that focus on singing and keeping a beat to enhance timing, coordination, listening and language skills. A variety of percussion instruments, puppets and colorful props are used. Parent participation required. (9 weeks)

9073 1-2 yrs Jan 10-Mar 7 Tu 10:15-11am \$117

## MUSIC MAKERS – TOTS

Child/adult will sing, dance, and play instruments. Solo singing is encouraged to develop listening, pitch-matching, and language skills. Concepts such as high and low, soft and loud, up and down are taught in a game-like atmosphere. Puppets, felts and props add to the special music making experience. Parent participation required. (9 weeks)

9074 2-3 yrs Jan 10-Mar 7 Tu 11:15am-12pm \$117

## MUSIC MAKERS – EARLY PRE-SCHOOL (DROP OFF – KIDS ONLY)

Pre-schoolers will sing, move, and play instruments. Listening and language skills are developed through movement, singing and playing instruments. Numerous musical concepts are taught through games, puppets, props and instruments. "Wunder Keys" piano will be introduced. (9 weeks)

9069 3½-4½ yrs Jan 10-Mar 14\* Tu 1-1:50pm \$117

\*No class Mar 7.

## Laguna Youth Recorder Ensemble

By Invitation Only!

**Register:** Call Kathy Lucey at 218-135

**Email:** [musictogrow@cox.net](mailto:musictogrow@cox.net)

10-18yrs Jan 11-Mar 15\* W 6:45-8:30pm \$120

\*No class Mar 8.

## MUSIC MAKERS OLDER PRE-SCHOOL / KINDERGARTEN

Basic musical skills are further developed through singing, moving and instrument playing. Note values and rhythm reading will be explored through many games and movement activities. Improvisation, ensemble and solo singing, and instrument playing are an integral part of each lesson. "Wunder Keys" piano will be introduced. (9 weeks)

9070 4½-6 yrs Jan 11-Mar 15\* W 2:30-3:20pm \$117

\*No class Mar 8.

## MUSIC MAKERS – PRIMARY

More advanced musical skills will be taught through songs, games, and dance. In addition, beginning recorder will be introduced. Recorder instruction will greatly enhance the student's musical literacy – a springboard for future instruments. (9 weeks)

9071 5-7 yrs Jan 10-Mar 14\* Tu 3-3:50pm \$117\*\*

\*No class Mar 7.

\*\*Additional materials fee TBD.

## MUSIC MAKERS – PRIMARY PLUS

Mastery in recorder is the primary goal for this class. Not only are the students musically literate and knowledgeable, most will be ready to pursue or continue playing instruments, such as piano, violin, or other wind instruments. (9 weeks)

9072 7-9 yrs Jan 11-Mar 15\* W 5-6pm \$117\*\*

\*No class Mar 8.

\*\*Additional materials fee TBD.

## VOICE LESSONS FOR THE YOUNG SINGER

This class is designed to develop the child's singing voice, teaching them how to sing naturally, without damaging their vocal chords. Pitch matching, singing in tune, proper vocal technique and projection, solo and group singing, games and note reading will be covered. Instruction and repertoire is age appropriate. (9 weeks)

9075 8-12 yrs Jan 11-Mar 15\* W 3:20-4:10pm \$117

\*No class Mar 8.

## Piano (Private/Semi-Private)

Required: Piano or keyboard at home.

**REGISTER:** Call Kathy Lucey at 218-1351 or

**Email:** [musictogrow@cox.net](mailto:musictogrow@cox.net)

**Instructor:** Kathy Lucey

**Location:** CVP, View Room (4 weeks)

6-13 yrs Call Instructor\*\* Tu Late afternoon times TBD

6-13 yrs Call Instructor\*\* W Afternoon times TBD

Lessons are scheduled with instructor.

Private – 40 min ..... \$128/4 weeks

Semi-Private – 50 min ..... \$200/8 weeks

\*Additional materials fee TBD.

\*\*Call instructor for availability.

## Music *continued*

### Christmas Tunes and Tales

Join us as we sing and play our way through Christmas carols and holiday music. We'll use jingle bells, instruments, a parachute and more as we sing about Rudolph and Santa. We'll also read a holiday story! Let's get ready for the "most wonderful time of the year" together! Each registered child will receive a small gift. **Parent participation required.**



**REGISTER: Contact Instructor: tunes.tales@cox.net or call 581-7839.**

**Instructor: Vivian Stapleton**

**Location: CVP, View Room**

2-4 yrs	Dec 12	M	9:30-10:25am	\$15
2-4 yrs	Dec 12	M	10:30-11:25am	\$15

### Tunes and Tales

Let's get the wiggles out! Join Ms. Vivian in this popular Music and Movement class. Sing-alongs and fingerplays start off this fun-filled class followed by music activities using bean bags, rhythm sticks, instruments, a parachute and more. We will even have a chance to read a short story each week (2½-4 yrs class only). The children have a great time while developing their listening and social skills. Parent/adult supervision is required. \$10 sibling discount.

**REGISTER: Contact Instructor: tunes.tales@cox.net or call 581-7839.**

**Instructor: Vivian Stapleton**

**Location: CVP, View Room**

#### SESSION 1 (5 wks)

1½-2½ yrs	Jan 9-Feb 13*	M	9:30-10:10am	\$40
2½-4 yrs	Jan 9-Feb 13*	M	10:15-11:10am	\$45

\*No class Jan 16.

#### SESSION II (5 wks)

1½-2½ yrs	Feb 27-Mar 27	M	9:30-10:10am	\$40
2½-4 yrs	Feb 27-Mar 27	M	10:15-11:10am	\$45

### Beginning Guitar Lessons

Playing the guitar is an enjoyable and relaxing way to enrich your life with music. Experience interaction with other beginning guitarist in a small and supportive group environment. The aim of the class is to transform the novice into a self-reliant musician. Learn to play easy chords, fun melodies, strum styles and many popular songs. Instructor Ron Gorman has enjoyed teaching this class for the City of Laguna Niguel for the past 12 years. Have a blast and bring your own guitar to class. (5 weeks)

**Instructor: Ron Gorman**

**Location: CVP, Patio Room**

9102	10+ yrs	Jan 10-Feb 7	Tu	6-7pm	\$95
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**Free trial class on Tue. 1/3 at 6pm. Call Ron at 362-0778 to reserve your spot.**

## Technology

### Minecraft University: DINO-CRAFT NEW!

Newest to the BrainStorm collection is Minecraft University: Dinocraft! This cool new course invites kids to create their own dinosaurs and place them in to enclosures they have to design with their team of paleontologists. Our custom Jurassic World – style map brings kids in to the prehistoric world of dinosaurs all while learning about habitats, excavation, and fossils! (6 weeks)

**Instructor: Brainstorm Education Staff**

**Location: CVP, View Room**

9096	8-14 yrs	Jan 13-Feb 17	F	3-4pm	\$100*
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\*\$15 (cash) materials fee is due to instructor first day of class.

### Minecraft University: Robotics NEW!

This course will take kids on a journey of their own as they design, build, and program robots to fight it out in our arenas. This class combines engineering, programming, and inventing together as kids go head to head to be the last bot standing. No prior experience is necessary. Our BrainStorm instructors walk students through the process of designing, building, and programming their bot to battle against others. We utilize LEGO Mindstorms technology for this course. This is a great way to learn the basics and have a lot of fun! (6 weeks)

**Instructor: Brainstorm Education Staff**

**Location: CVP, View Room**

9097	9-14yrs	Jan 13-Feb 17	F	4:15-5:15pm	\$100*
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\*\$15 (cash) materials fee is due to instructor first day of class.

## Writing

### The Imagination Machine: Writing Workshop

Students will create their own stories, produce and perform in an Imagination Machine-style show, music included, for friends and family at the end of the residency. They will learn basic improv and acting skills, the art of storytelling and most importantly, the way to construct a story with a complete and well-rounded plot. **Common Core principals will be addressed.** (10 weeks)

**Instructor: The Imagination Machine Staff**

**Location: CVP, Patio Room**

9095	7-12yrs	Dec 1-Feb 2	Th	3:45-4:30pm	\$175
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While visiting our facilities, parks and events, please be aware that City staff and photographers may be taking photos or video for marketing purposes. If you do not want your image used, please notify the photographer at the time of the photo.

## Acting

### Acting for Kids

Acting is more than just showing off on stage. Acting builds confidence. Acting enhances creativity. Acting teaches cooperation. Acting encourages risk-taking. Oh, and acting lets you show off on stage a little! Explore the world of live stage acting under the direction of Laguna Niguel's very own community theatre. (8 weeks)

**Instructor:** Laguna Niguel Community Theatre  
**Location:** CVP, Patio Room

9099	7-10 yrs	Jan 4-Feb 22	W	4:30-5:30pm	\$150
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## Sports

### Golf Lessons Junior Performance Program

Learn the mechanics of the golf swing, pitching, chipping, putting, rules & etiquette. Level 1 is designed for junior golfers who have not had any previous golf experience. Level 2 is designed for the junior golfer that has been exposed to the game of golf and has received some type of instruction. Student/instructor ratio 6:1. (8 wks)

**Instructor:** PGA Teaching Professionals  
**Location:** ATG

9064	Level 1	7-17 yrs	Jan 7-Feb 25	Sa	12-1pm	\$280
9065	Level 2	7-17 yrs	Jan 7-Feb 25	Sa	1-2pm	\$280

### Ice Skating & Hockey

Beginner skaters or aspiring hockey players will learn the fundamentals of skating; gliding, stopping, turning and a fun trick or two! Dress warm and bring gloves. Free practice from 12:30-3pm. Skates can be rented. (4 weeks)

**Instructor:** Ice Palace Staff  
**Location:** IP

#### BEGINNER SKATING

9068	4-5 yrs	Jan 7-28	Sa	11:45-12:15pm	\$75
9066	6-8 yrs	Jan 7-28	Sa	11:45-12:15pm	\$75
9067	9-15 yrs	Jan 7-28	Sa	11:45-12:15pm	\$75

#### BEGINNER HOCKEY

9104	4-6 yrs	Feb 4-25	Sa	11:45-12:15pm	\$75
9105	7-12 yrs	Feb 4-25	Sa	11:15-11:45am	\$75



## Sports *continued*

### Taekwondo Lessons

Are you looking for a fun and safe activity for your kids? Then enroll them in our Taekwondo program today. Taekwondo is a safe and fun way for the entire family to get in better shape and learn the valuable art of self-defense. Taekwondo helps kids develop better self-discipline, get better grades, get in better shape and give them (and you) a healthy break from all the video games! The instructor is Ken DuBose, 7th Degree Black Belt with over 30 years teaching experience.



**REGISTER/More Info:**  
**Call 395-2050**

**Instructor:** Ken DuBose  
**Location:** SCC

7+ yrs	Ongoing**	M & Th	6-8pm	\$80/month*
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\*Each additional immediate family member receives a 50% discount.  
 \*\*No class Dec 26, Jan 2, 16, Feb 20.

### TriFytt Sports Programs

Kids will receive hands-on training from knowledgeable, experienced and FUN staff. Classes are appropriate for beginners and kids who want to improve current skills. All participants will receive a TriFytt t-shirt. (5 and 6 weeks)

**Instructor:** TriFytt Sports Staff

#### SOCCER

**Location:** MHP, Upper Soccer Field

9091	2-3 yrs**	Jan 23-Feb 27*	M	2:30-3pm	\$79
9092	3-5 yrs	Jan 23-Feb 27*	M	3-3:45pm	\$79

\*No class Feb 20.

#### BASKETBALL

**Location:** CP, Basketball Ct. #3

9087	3-6 yrs	Jan 17-Feb 21	Tu	3:30-4:15pm	\$89
9088	7-12 yrs	Jan 17-Feb 21	Tu	4:15-5pm	\$89

#### TEE BALL

**Location:** LNES, Softball Field

9093	2-3 yrs**	Jan 19-Feb 23	Th	2:30-3pm	\$89
9094	3-5 yrs	Jan 19-Feb 23	Th	3-3:45pm	\$89

#### MULTI-SPORT

**Location:** CP, Basketball Ct. #3 & Adjacent Turf Area

9089	2-3 yrs**	Jan 14-Feb 25*	Sa	10-10:30am	\$89
9090	3-5 yrs	Jan 14-Feb 25*	Sa	9-9:45am	\$89
9103	4-6 yrs	Jan 14-Feb 25*	Sa	10:30-11:15am	\$89

\*No class Feb 18.

\*\*Parent participation required.