

TEEN PROGRAMS

“Rule the Pool” Fridays

Enjoy a night of water volleyball, inner-tube races, diving board contests and music provided by a D.J. (Sorry, adults not invited!) Participants may not leave until 10pm, unless released to a parent. Snacks are sold for \$1 each.



Admission sales end at 8:30pm.

Instructor: Recreation & Lifeguard Staff

Location: Crown Valley Park, Pool

F	Jun 29, Jul 20, Aug 3, 17*	8-10pm	8-13 yrs	\$5 at pool
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*Parking will be limited on Aug 17 due to construction at CVP.

Super Sitters

Learn how to prevent accidents, what to do in case of an emergency, child development, do's and don'ts, age-appropriate games, job hunting and finances. Don't just be a babysitter - be a super sitter! **Bring paper / pencil and please ask an adult to attend the last 15 minutes of class.**

Instructor: Charlene Jordan

Location: CVP, View Room

9768	F	May 18	6-9pm	11+ yrs	\$38*
9992	F	Jul 20	6-9pm	11+ yrs	\$38*

*\$5 (cash) material fee is due to instructor at class. Please bring correct change.

CPR, First Aid, AED Instruction

The purpose of the American Red Cross First Aid/CPR/AED program is to help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies for adults, children, and infants. The courses in this program teach skills that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. This program will include a two-year certification from the American Red Cross.

Instructor: Premier Health and Safety Staff

Location: Premier Health and Safety

9971	Sa	Jun 2	8:30am-12:30pm	11+ yrs	\$85*
9972	Sa	Jul 7	8:30am-12:30pm	11+ yrs	\$85*
9973	Sa	Aug 4	8:30am-12:30pm	11+ yrs	\$85*

*\$10 materials fee due to instructor at first class.

Music and Arts Festival

The Laguna Niguel Youth Committee (LNYC) hosts this annual event to provide local middle & high school bands an opportunity to perform in the Crown Valley Park Amphitheater. Bands will perform 30-minute sets and have 15 minutes to set up and 15 minutes to break down their equipment. The LNYC will select up to 3 bands at their May 3 meeting, depending on how many early band applications they receive.

The LNYC sponsors the In-N-Out truck which provides burgers, fries and a drink for a suggested donation of \$12 per person. The LNYC determines each year which organization will receive proceeds from this event.

F	May 18	6:30-9:30pm	\$12 donation for food ticket
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Get Active in Your Community!

**Parks and Recreation Volunteer Opportunities
Attention Volun-Teens!**

Squirrels camp program now accepting applications!

• **Mandatory Training: Friday, June 15, 9am-12pm**

• Age Requirement: 13-17 yrs.

• Volunteer Hours: 8am-12:30pm or 12:30-4:45pm for 1 week during the program.

Note: Parks and Recreation does not accept court ordered volunteers.

Pick up volunteer applications at the Parks and Recreation office at Crown Valley Park or online at CityofLagunaNiguel.org



TEEN WEBSITE

LNTEENS.ORG

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