## How to Make a Lap Swim Reservation

- Online reservations are preferred and open at 9:00AM on Friday's. You can make your Lap Swim reservation online via <a href="www.cityoflagunaniguel.org/lapswimreservations">www.cityoflagunaniguel.org/lapswimreservations</a>.
- o If you wish to reserve a lane by phone, call (949) 425-5100 Monday through Friday, between 9:00AM and 4:00PM. Call (949) 425-5114 Saturday and Sunday between 9:00AM and 3:00PM.
- o All reservations are available on a first-come, first-served basis.
- o No drop-in swimmers are allowed.
- o No shows will be charged.
- o Adult Lap Swimming is available to individuals 14 years of age and older.
- o Swimmers are limited to one reservation per day.
- o Reservations are non-transferable.
- o A waiver must be signed and on file prior to swimming.

## Prepare for Your Swim/Arrival

- Admission to the facility is for Lap Swimmers only. No spectators or guests allowed unless required for assistance.
- o Swimmers shall show up at the appointed check-in time.
- o Restrooms are available, if necessary. Swimmers are encouraged to come prepared to enter the pool, including being showered and ready to swim.
- o An open-air deck shower is available for rinsing.
- o Changing cabanas are available on deck.
- o Swimmers will enter through Crown Valley Community Center.
- While waiting to be checked in, swimmers must wear a face covering and practice social distancing.
- Wristbands will be issued, with a lane assignment and end time, and shall be worn during the entire time at the facility.
- Swimmers must bring their own pool equipment, including goggles, towels, kickboards, sunscreen, etc.
- o Prior to entering the pool, swimmers will be required to dip and rinse personal equipment in the chlorine/water bin then dip and rinse in the clear water bin, in an effort to reduce possible contamination on the pool deck.

## **During Swim**

o One swimmer will be assigned per "Private Use" lanes and two swimmers will be assigned per "Shared Use" lanes.

- o Once the lane is assigned, swimmers may not change lanes.
- o Do not make physical contact with others, such as shaking hands or giving a high five.
- Avoid touching your face.
- Avoid sharing food, drinks, or towels.
- o Maintain appropriate social distancing from others on the pool deck.
- o Entry and exit times are strictly enforced.
- Violation of pool rules may result in removal from the facility and possible revocation of reservations in the future.

## **After Swimming**

- Leave the facility as soon as reasonably possible after your swim. Exit the facility only through Crown Valley Community Center.
- Wash your hands thoroughly and/or use hand sanitizer after leaving the pool. Hand sanitizer will be available at the facility.
- o Limited restrooms and showers are available, but the locker rooms will be closed. If possible, please shower at home to minimize the possibility of cross-contamination.
- o There will be no lost and found available, please remember to take all your personal items and equipment with you. All items (towels, suits, goggles, etc.), left behind, will be discarded daily.
- Do not congregate after swimming.